

Dominican Sisters

Sisters of Saint Dominic
Sinsinawa, WI



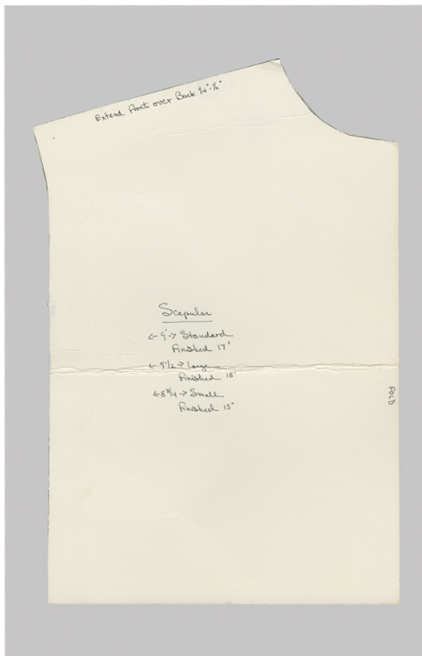
Dominican Habit

Paper Size: 8.5"x11" (Letter)

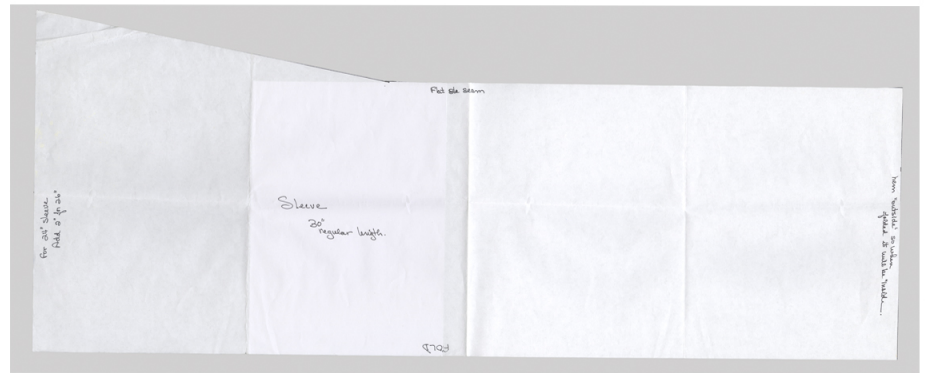
Note: Scale for printing to 100%. If your printer does not print full bleed, you will have to trim a thin white border from the perimeter of the individual sheets of paper before taping them together. To determine the order of the papers, the top row is #1, the one below it is #2 and so forth. The numbers are followed alphabetically by letters moving from left to right.

Components of Pattern

Scapular



Sleeve



Chest Front



Chest Back



HABIT: DOMINICAN NUNS

CUTTING

1. The Front will have a selvage edge, and the back can, if it is wide enough.
2. The overall length will include: finished length +2" hem +4" for tuck and shrinkage
3. Slant the line from the bottom of the habit at 23"-25" up all the way to the armhole
4. The habit should not be narrower than 23"-25." I should end up being approximately 47"
5. For the Sleeves cut two pieces at 24" x 30-32"
6. Cut scapular according to pattern

Cutting Facing

Note: Use the selvage scraps for the facing if possible

1. Two pieces Front Facing: 30"x4"
2. One piece for Back Facing: 25" x 8"
3. Four pocket Facing: 13" x3" (4" if you are going to turn the seam in)
4. One piece for the neck hole: approx. 24" by 1.5" at it's narrowest
5. One piece for Scapular placket facing: approx 15"x2"6. One Cricifix Bar: 3" x4" (2" x.75" finished)

Note: Add hanger tabs and scapular facing if you like

SCAPULAR

1. Cut back opening (about 7") and bind with "placket"
2. Make sure the seam on shoulders is flat
3. Hem a 5/8" seam on the sides of the scapular
4. Hem a 1" seam at the bottom. This should be 8" from the floor
5. Bind neck seam according to the size of the sister.
6. Add snap or Velcro

HABIT

Note: Sew seams from wide to narrow and bottom edge to top

1. Sew back-flat seam or Dominican seam at 1/2"

2. Sew back piece: draping over the shoulder, sew $\frac{1}{2}$ " and trip whatever is leftover
3. Sew Front using Dominican seam, starting at the bottom and going up to 24" from the top
4. Sew Facings: Place facing approximately 1" above neck seam.
5. Sew front and back shoulder together: Right with right, front protruding, flat seam
6. Under arm seams: French seams, right side first, then inside
 - *pin from underarm $\frac{1}{4}$ " -8 $\frac{1}{2}$ " which will be the opening for the pocket.
 - Pockets are 8 $\frac{1}{2}$ " -10" from underarm
6. Face pockets: snip pocket opening to side stitch, but no more than that, and ALWAYS pin seam to front of habit. Put the facing about 2" above the opening and turn in.
7. Cut neck: 19" cut down about $\frac{1}{2}$ " front, 1" back.
8. Bind Collar: sew on inside side of habit then turn inwards
9. Tuck: measure 3 $\frac{1}{2}$ " from armhole, 10" from the front of the neck, 12.5"-13" on the back of the neck. Then Mark 4" tuck, Sew with a larger stitch (this might need to go higher for smaller sisters).
10. Hanger, Crucifix bar: Approximately 3 $\frac{1}{2}$ " -4" from the neck
11. Sleeves: fold them in half and mark 9" wide for 18" and angle down to the armhole. Cut away the excess. Flat seam with seam on the outside $\frac{5}{8}$ " sleeve hem turned to outside.
12. Insert the sleeve with the right sides touching one another. Sleeve should extend beyond the habit. Sew on sleeve and turn in for flat seam. You might need to stretch to fit and make small tucks around the armhole at this point.
13. Wash the garment
14. Hem the garment 5" from the floor in front and the back 4" from the floor, and the sides will curve upwards. Apply a blanket stitch to the front opening and add all buttons, button holes and tabs.

Dominican Nuns, Scapular Page 1A

← 9 → Standard
Finished 17"

← 9 1/2 → Long
Finished 18"

← 8 3/4 → Small
Finished 15"

FOLD

Dominican Nuns, Scapular Page 1A

Extend Front over Back $\frac{1}{4}$ " - $\frac{1}{2}$ "

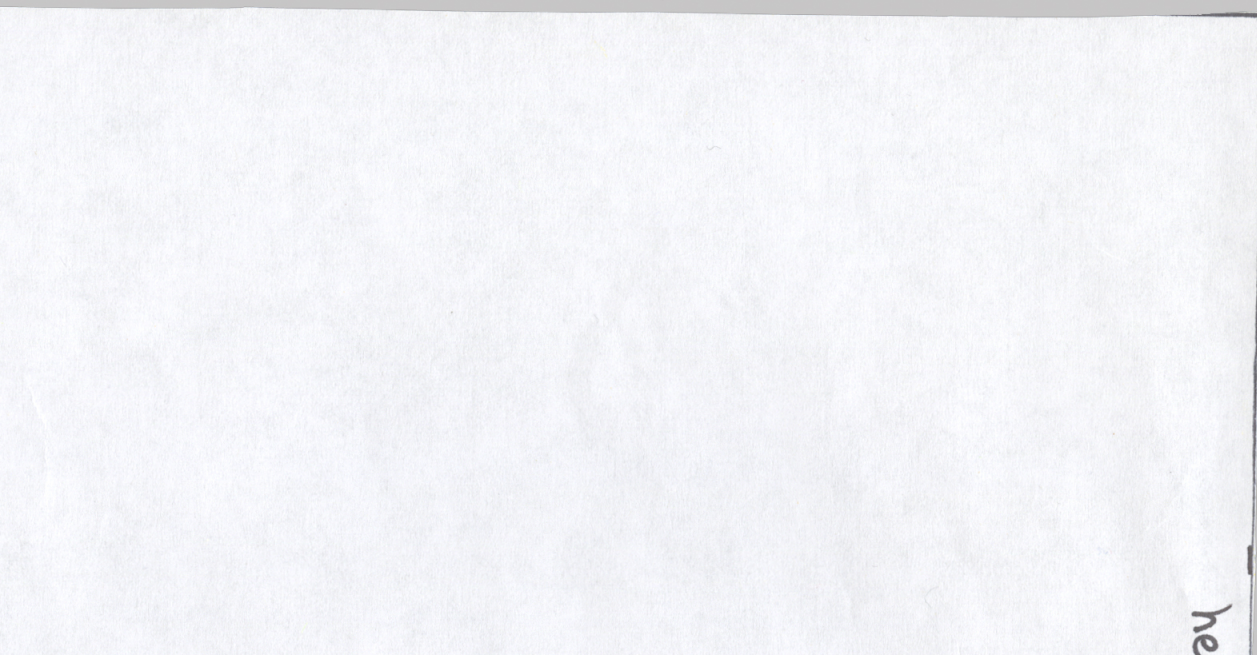
Scapular



Flat she se

Dominican Sleeve, Page 1C

eam



he

For 24" Sleeve

Add 2" for 26"

Sleeve

30"
regular length.

FOLD

m "outside" so when
folded it will be "inside".

Dominican Upper Body Back, page 1A



Dominican Upper Body Back, page 1B



Regular

Back

Upper back

If on a fold a not all
take in 1/2"

Dominican Chest Front, Page 1A



Dominican Chest Front, Page 1B



Selva

2411

page edge

front

Region